

Living Well



Newsletter
July
2019

Williamsburg Senior Center: Programs & Services for Active Living at 60+

July Events Calendar

Mondays:

- Veterans' Agent, 2-4 pm
- Monday Meals, every Mon, 11:45 am
- Ukulele Strum Group, Weekly, 4:30 *

Tuesdays:

- Healthy Bones & Balance, 10:30 am
- SHINE Rep, 11-2 (call for appointment)
- Congregate Meal, 11:45 am
- Yoga for You, 6 pm
- Basic Computer Class, 6 pm (call ahead)
- Meditation & Relaxation Group 11:30 (pg 2)
- July 9: Podiatry with Dr. Coby 9:30-1
- July 9: Mass EDP Phone Program, 12:15 *

Wednesdays:

- Congregate Meal, 11:45 am
- Caregiver Support Group, 1 pm (call for schedule)
- Senior Farm Shares 12:
- July 3: Name that Tune, Steve Damon, 12:15*
- July 17: Advisory Board Meeting, 12:15 pm

Thursdays:

- Chair Stretch & Strengthen Exercise, 10:45
- Congregate Meal, 11:45 am
- Healthy Bones & Balance, 4 pm
- Basic Computer Class 6 pm (call ahead)
- July 11: Brown Bag, 10 am
- July 11: Blood Pressure Clinic 11:30 am
- July 18: Men's Group, Snack Bar, 8 am

Fridays:

- Tai Chi, 9:30 am New Day!
- Friday, July 12: Ladies Who Lunch, Williamsburg Snack Bar, 11:30 (pg 2)

**More in next column*

To sign up for our programs, call 268-8407

Look Inside For:

Let's start a monthly Veterans' Group (Pg 3)
Name our Little Library! (Pg 3)
Employment Opportunities (Pg 3)
Report & pictures of our Town Prom (Pg 4)

Name That Tune!

Steve Damon of A Natural Music School

Wed, July 3, 2019 at 12:15

Sing-along and name the tunes with one of our favorite entertainers. Steve knows how to get us going with old favorites and some happy surprises. He also tells a story or two to make us laugh! Please call to sign up.

Massachusetts Equipment Distribution Program (MassEDP)

Tuesday, July 9, 12:15, Senior Center Café

MassEDP offers specialized telephones to residents who have permanent disabilities. You may be able to get these telephones for free or at reduced cost. Come and find out how they work and see if one of these phones could be of benefit to you. Call to sign up!

Ukulele Strum Group to Continue on Mondays Through July & August.

The Ukulele group has been having such a great time that they are continuing at the Senior Center on **Mondays at 4:30**. Led by **Dan Frank**, whose relaxed style puts everyone at ease. Bring your ukulele and a music stand. All ages are welcome! Your donations help cover Dan's costs.

Senior Farm shares—2019

Spring is finally here, and we are offering farm shares again this year. It will be a little different from last year, but still a great offering of local produce. We will use a point system which allows you to choose what you want. If you are getting produce for two people, or want a lot for yourself, you may want to get two shares. Most of the produce is organic, but there will be a small amount of crop raised with integrated pest management and minimal pesticide. Please bring your own bags.

\$3 per share. Pick up Wednesday early afternoons at the Senior Center. Call 268-8407 to sign up.

Thank you, and we look forward to seeing you.

Williamsburg Senior Center - 141 Main Street, P.O. Box 193 - Haydenville, MA 01039

Phone: 268-8407 - Fax: 268-8409 - Hours: Mon—Thurs 8:30-1:30, with extended hours for classes

FOOD PROGRAMS

Monday Meals **Mondays, 11:45**
Meals are made fresh at the Senior Center with healthy ingredients, and include bread donated from Bread Euphoria Bakery plus dessert by Linda Manor. Eat in, pick up or have them delivered. \$3 per meal. Please call by Thursday to reserve your meal! (No meals on Monday holidays)

Congregate Meals **Tues, Wed, & Thurs, 11:45**
Meals provided by Highland Valley Elder Services. **Call two days ahead to make your reservations.** Most programs are before or after these meals—see schedule on pg 1. Birthday cake will be provided by CareOne the first Wednesday of each month

Brown Bag Program **Thurs, July 11, 10:00**
The Food Bank of Western Mass. sponsors the Brown Bag Program, in which eligible seniors can get a **FREE** supplemental bag of groceries each month. Call us to apply.

SERVICES

Veterans' Service Officer **Mondays, 2-4**
Stop in to see Tom Geryk for answers to your questions about Veteran's benefits and other issues.

SHINE Representative **Tuesdays 11-2**
Need help with insurance issues? Wayne Glaser, SHINE Rep., is available to help. Call **268-8407** for an appointment in the office or in your home.

Basic Computer Class **Tues & Thurs, 6-7**
Alan Estes teaches the basics. Small class size ensures individual help. Call to reserve your spot. **Free!**

Companion Program **Are you bored at home?**
Do you want to get out and meet people but don't drive anymore? Do you want someone to come and visit regularly? The Companion Program can match you to a peer for social time, companionship, running errands and more.

Medical Rides
Call ahead to schedule free rides to your medical appointments. Drivers are paid through PVRTA.

Benefit and Options Counseling
We can help you find the resources you need to:

- Make informed decisions
- Create short and long-term plans for services
- Identify resources that will facilitate your continued independence
- Plan for support to ensure your ability to age in your home or help you determine what other options you may want to consider
- Help you sign up for Fuel Assistance & Snap programs.



The Senior Center will be closed on Thursday, July 4th. Have a Happy & Safe Holiday!

HEALTH

Blood Pressure Clinic **Thurs, July 11, 11:30**
Please contact us to see if it is happening this month.

Foot care Nurse, Piper Sagan **Wed, Aug 28, 9-2**
Piper, Williamsburg's foot care nurse comes on fourth Wednesdays every other month. This is self-pay at \$30 per visit. (Home visits, \$40+.) Call for an appointment.

Podiatry, Dr. Coby **Tues, July 9th 9:30-1**
Routine foot care every other month in the Town Office building. Call for an appointment. Dr. Coby does medical billing—bring your insurance card.

FITNESS

ZUMBA! With Melissa T **Mondays, 6:00**
Zumba is taking a break and will restart in September. Stay tuned for more information.

Yoga for You—Adult Yoga **Tuesdays, 6:00**
Taught by Michelle Wolk, this class is geared for active adults. Any adult can join. Class is \$12 or 6 classes for \$60. Call to register.

Modern/Creative Dance Class **Weds, 10:00**
Dance Class is taking a break and will restart in September. Stay tuned for more information.

T'ai Chi Classes **New day: Fridays, 9:30**
Taught by Marty Phinney, T'ai Chi provides simple exercises that help build energy, power and flexibility. Call for info & to register. Small fee per class.

Chair Stretch & Strengthen **Thursdays, 10:45**
Gentle seated stretching led by Alexandra Mello. Good for beginners---intermediate. All ages welcome. \$10/class, paid monthly.

Healthy Bones & Balance **Tuesdays, 10:30 and Thursdays, 4pm.** Fun, low impact exercises designed to increase strength, mobility, flexibility and balance, taught by Susan Glenn. Call to register and fill out a medical clearance form. Class is **free**.

OTHER GROUPS

Meditation & Relaxation Class **Tuesdays, 11:30**
Class will be taught by Lynn Lovell. Call for Info.

Third Thursday Men's Group **July 18, 8am**
"The Guys" meet on the third Thursday of every month at the **Williamsburg Snack Bar**. For a good time, join them!

Ladies Who Lunch **Friday, July 12, 11:30**
Join "The Gals" for lunch Fridays, at the **Williamsburg Snack Bar**. Please call to reserve your spot!

Caregivers' Support Group **Wednesdays, 1:00**
Caregivers, take some time to get the support YOU need. Contact us for dates and time.

Would you like to join a monthly Veterans' Group?

The Williamsburg Senior Center and Tom Geryk, our Veterans' Service Officer, would like to start a Veterans' group for Seniors 60 and older. The group will discuss topics familiar and new and, ultimately, create friendships. First meeting will be Monday, July 29th. Time to be determined.

Please let us know if you're interested. Call the Senior Center at 268-8407 for more information.

We are Looking for Help in the Senior Center Kitchen / Café

Flexible part-time position, will cater to working mom's needs. Help prepare our Monday Meals and serve prepared meals Tues - Thurs.

Volunteer or paid position available.

Call Jenn at 268-8410

Seeking Volunteers!

We Need Companions (Paid)

Visit seniors, help with errands, go on outings

Medical Drivers (Paid)

Take seniors to medical appointments

Carpool Drivers (Paid)

Help folks run errands, trips & non-medical rides

Yard Workers

Light chores, raking, yard clean-up

Teens: get Community Service credit for school!

Call 268-8407 for information.

Thank you to ALL of our volunteers!

Get to know your Cell Phone!

David Martin of Williamsburg will be available to teach you the ins and outs of your cell phone! Call us at 268-8407 and we'll help you set up an appointment with David.

Library Services for Seniors

If you or a friend or neighbor would like Meekins Library books and other materials delivered to your home, contact **Anne Bussler at 268-7979.**

PVTA Free Senior Tuesdays!

Free Tuesday bus rides will begin on July 2 and run through the fiscal year. PVTA hopes to encourage seniors to get to social and other engagements without cost.

NAME OUR LIBRARY!

The Williamsburg Senior Center little library needs three things –

1. We need a **Name**. Please help us with your funny, whimsical, or even serious ideas. Call with your suggestions (268-8407) or email them to thope@burgy.org.
2. We need **Fresh Ideas**. What would you like to read? What genre tickles your fancy?
3. We need **Readers!** Come by any time we are open (Mon-Thurs, 8:30-1:30)

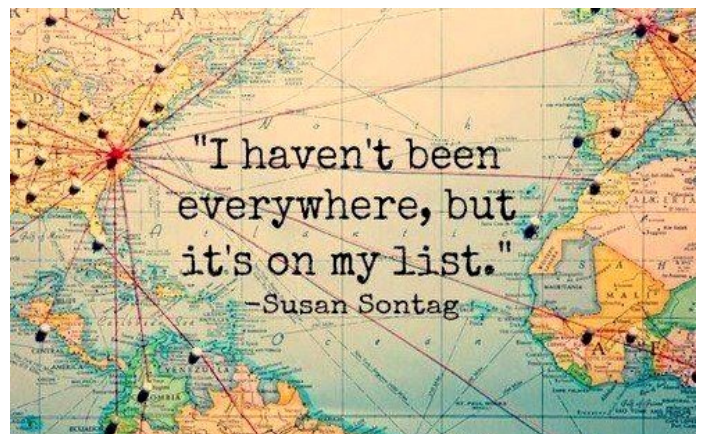
Little Libraries are showing up around Western Massachusetts. See if you can find any in Williamsburg. I know they're there! There is also a Little Library Mystery series by Elizabeth Kane Buzzelli that would look quite good here.

We have about 250 books, mostly mysteries, more than half are large print. Please let me know what you'd like to read from our small, free library. We'd like to know if you'd like large print, regular print, fiction, non-fiction, biography/autobiography, historical fiction, etc.

*Tryna Hope, Assistant to the Assistant,
Williamsburg Senior Center*

Looking Ahead!

Our Annual Ice Cream Social will be held in early August. Also a **Kayak trip to the DAR** is in the works. In September, we'll see **one of our favorite entertainers** back. We'll surprise you! Stay tuned for details in the next newsletter!



Visit the Town of Williamsburg Website: www.burgy.org

Facebook: Williamsburg Senior Center

- [To subscribe or to unsubscribe from this newsletter,](#)
- [To receive this newsletter by email only,](#)
- [To add/remove your phone # from our auto-call list,](#)

Contact us, leaving your name, address & phone number at **268-8407** or email sloomis@burgy.org.



Our May 18th Town Prom was the Event of the Season!



Well over 100 people attended the prom held at the Anne T. Dunphy School's Earl Tonet Gym! The gym was decorated with vintage prom gowns, flowers and streamers. We had two bands and a DJ, a photo booth, a vintage car and pick-up truck, and a great line-up of food donated by local restaurants. Mostly we had lots of fun! Folks of all ages danced, met with friends, ate and drank (unspiked) punch, had their pictures taken and just enjoyed dressing up and going out on a lovely spring evening. Wonder what we'll do for an encore? Stay tuned!



"Incredible selection of great food, well prepared and well served. Lots of wonderful energy on the dance floor and in conversations among attendees. A chance to "rewind" prom memories and savor the good things that high school had to offer."
– Fred Goodhue

"A chance to catch up and see friends and neighbors. The Warm Community vibe. The Prom "Team spirit" (Jenn. & Co.). BRAVO!! A FULL DANCE FLOOR!!"
– Patrick Callinan

"What a fun night! I was so thrilled that every single restaurant/food service business in town donated! (Plus a couple from out of town!) and our teen volunteers were so enthusiastic and fun!"
– Shirley Warner

"A fun evening of community, from very young to...This is something our town needs in these times of fear, anxiety, anger. We need time to remember the joy in our lives. We need to dance!"
– Trish LaFreniere



A BIG THANK YOU TO OUR PROM CONTRIBUTORS!

MUSIC: Among Friends & Ketch Horizon; **DJ,** Patrick Callinan; **EMCEE,** Worth Noyes; **PROPS:** Charles "Corky" Baldwin, Roy Beals-Vintage Cars, Jenn Burdick-Photography, Leni Fried & Jennifer Towler-Napkins and Tablecloths; **FOOD:** Big Y, Bread Euphoria, Brewmaster's Tavern, Dot's Golf at Beaver Brook, Dunkin Donuts, A1 Pizza, Elbow Room Coffee, Good To Go, Linda Manor, Local Burgy, Panda Garden, Scotti's, Spruce Corner Restaurant, Williamsburg General Store, Williamsburg Market, Williamsburg Snack Bar and The Village Green; **OTHER:** Anne T. Dunphy Elementary School-Stacey Jenkins, Principal, Florence Savings Bank, Carol Hendricks, Meekins Library, Williamsburg Police Department, Friends & Neighbors who donated Gowns and Baked Goods; **DRIVERS:** John Lancaster, Brian Hoffman; **STUDENT HELPERS** from HRHS; **PROM COMMITTEE:** Donna Baldwin, Denise Banister, Roy Beals, Jenn Burdick, Patrick Callinan, Daria D'Arienzo, Fred Goodhue, Jenn Hoffman, Trish LaFreniere, Sylvia Lapinski, Sherry Loomis, Worth Noyes, and Shirley Warner.

Thank You for Your Generous Donations!

Your donations help support our Companion Program; provide financial aid to lower class fees; and give us the flexibility to add new programs to benefit local seniors. EVERY donation is important to us, as are all the VOLUNTEERS who donate their time to help out. **Please consider a tax deductible donation.** To contribute, please fill out the form below, send it with your check made out to **Town of Williamsburg.** We thank you for your continuing support!
Jennifer Hoffman, Director

The Williamsburg Senior Center counts on YOUR support to continue our programming for local seniors!

I would like to contribute to the Williamsburg Senior Center. My contribution of \$ _____ is attached.
(Please write your check to **Town of Williamsburg** with "Senior Center program support" on the memo line.)

Name _____

Address _____

Thank You for Helping to Support Your Neighbors!

Seniors Aware of Fire Education



Summer is really here...finally! Many of us will be spending some time away. Here are a few ways you can make your hotel/motel stays safe:

- Choose a hotel/motel protected by both smoke detectors and fire sprinklers.
- Read the escape plan posted usually on the inside of the door into your room.
- Count the number of rooms between your room and the nearest two fire exits.
- Open the exit doors to make sure they are not locked or blocked.
- Keep your room key card by your bed and take it with you if there's an alarm sounding.
- If you hear an alarm, leave immediately, closing all doors behind you.
- Always use the exit stairs -- never use elevators during a fire because they may be functioning as chimneys.

Have SAFE summer travels!

--Worth Noyes, SAFE Educator
Williamsburg & Cummington Fire Departments

The Senior SAFE program is sponsored by many of your fire departments and the Massachusetts Department of Fire Services.



Who on Earth to Ask???

If you followed the last five months, you know you should find another person or persons to act as your proxy for health care, serve as power of attorney, and as executor or personal representative. This is admittedly not an easy thing and I cannot do the topic justice in the space I have to write.

To make things worse, it is recommended that you appoint a backup person as well! So ideally you may need to find 3 or 4 folks to help you out. The person who can be compassionate with you and also be firm with medical staff may not be the best person to keep tabs on your finances or close out your estate. However, the person with your power of attorney may also be your personal representative after your death.

Let me list some characteristics to think of when you are considering who to ask to serve your needs. My hope is that you can mentally review the list and identify people who match, whether they are family, friends, children of friends, or legal or banking staff.

- Trustworthy and loyal to you and your needs, responsible
- Persistent and resourceful, a good communicator
- Financially literate, to match the complexity of your finances
- Younger than you and in reasonably good physical and mental health

The ideal? It may be a responsible child who lives near you, can get along with the siblings, has a good head on his/her shoulders... another typical option is your partner or spouse. BUT – what if your child is not as capable as you would like? What if your partner is in the first stages of dementia? Then keep looking...

A reminder - legal aid for low-income seniors may be available through the Hampshire Elder Law Program, 413-586-8729, or Community Legal Aid, 413-584-4034. We are also fortunate to have many knowledgeable elder attorneys in the area.

Good luck,

Jean O'Neil, TRIAD committee member
413-268-2228, jeanoneilmass@gmail.com

Do you want to eat more fresh, healthy, and Hilltown-grown produce, but find it too expensive or difficult to get?

Consider buying your produce at the **Hilltown Mobile Market, a new program starting July 25th!** The Hilltown Mobile Market will offer 10-week farm shares at a cost of \$5 a week, as well as the opportunity to shop for fresh produce closer to home just like you would at a farmer's market or farm stand. If you receive SNAP (Food Stamps), you can sign up to get all of your money back for the cost of the farm share through the Healthy Incentives Program (HIP)!

You can shop for produce or pick up your farm share at two locations and pick-up times:

Thursdays, 3 - 5 pm at 48 Old North Road in Worthington or Fridays, 3 - 5 pm at 24 Russell Road in Huntington. This program will

run from July 25th to September 27th and there are limited farm shares available, so go to www.tinyurl.com/foodinterest or contact Seva Tower at sevat@hilltowncdc.org or (413) 824-1840 to express your interest in signing up for a farm share.



Part-Time Work Available

Helping Westhampton area elders with housework, transportation to appointments and various household chores @ \$15.00 per hour.

For info, call:
Hilltown Elder Network (HEN)
Westhampton Coordinator,
Lilly Baxter:
413-527-1532



Would you like to receive your newsletter by email instead of snail mail?

If so, please email Kristen at regionalcoanews@gmail.com to be put on the email list.

Central Hampshire Veterans' Services – Hilltown Schedule



Williamsburg Town Hall

141 Main Street
Haydenville, MA 01039

Hours: Every Monday- 2:00 to 4:00

Cummington Community House

33 Main Street
Cummington, MA 01026

Hours: 1st and 3rd Monday- 9:00 to 11:00

Goshen Town Offices

40 Main Street
Goshen, MA

Hours: 1st and 3rd Monday- 11:30 to 1:30

Worthington Town Hall

160 Huntington Road
Worthington, MA 01098

Hours: 2nd and 4th Monday- 9:00 to 11:00

Chesterfield Community Center

400 Main Road
Chesterfield, MA 01012

Hours: 2nd and 4th Monday- 11:30 to 1:30

For additional information or to schedule an appointment with the Veterans' Agent, please contact our main office at 413-587-1299. Our main office hours are: Mon, Wed, Thurs, and Fri – 8:30am to 4:00pm, and Tues – 8:30am to 1:00pm.

Main Office: Central Hampshire Veterans' Services, Memorial Hall, 240 Main Street, Room 4, Northampton, MA 01060

Pancake Breakfast	(Firehouse)	7:00 - 10:00
Food & Vendor Booths		8:00 - 1:30
Historical Exhibits	(Edwards Museum)	9:00 - 10:30
Hilltown Art Display	(Town Hall)	9:30 - 1:30
Heritage Pops Orchestra	(Town Center)	9:30 & 11:30
PARADE		10:30 - 11:30
Chicken Barbecue	(Church)	11:30 - 1:30
Classic Car Show	(Town Offices)	11:30 - 1:30
Magic Show & Face Painting	(Park)	11:30 - 1:30
Sidetracked Band	(at Car Show)	11:30 - 1:30
Firefighters Contest	(Ball Field)	11:30 - 12:30
Family & Kids Softball	(Ball Field)	12:30 - 1:30

Celebrating the Volunteers of the Hilltowns

Massachusetts Cultural Council
Sponsored in part by the Arts Council of:
Chesterfield, Cummington, Goshen, Williamsburg & Worthington

RESOURCE DIRECTORY

Domestic Violence Advocate , Hilltown Safety at Home (HS@H)	413 387-3120
If you need help in an emergency, call 911 or the Safe Passage hotline	888 345-5282
Elder Abuse Hotline	800 922-2275
First Call for Help Information and Referral Resources	800 339-7779
Fuel Assistance Application and Recertification	800 370-0940
Hilltown Elder Network – H E N (sponsored by Hilltown CDC)	413 296-4536 x120
Veterans' Service Officer Tom Geryk	413 587-1299
(Westhampton) Joe Henning	413 207-3541
(Plainfield) Brian Brooks	413 772-1571
DO NOT CALL Registry	888 382-1222

Food Services

Food Bank of Western Massachusetts Brown Bag Program	800 247-9632 or 413 268-8407
Food Stamps - Supplemental Nutrition Assistance Program (SNAP)	413 552-5400 or 413 296-4007
Call Chesterfield COA for assistance	413 296-4007
Hilltown Food Pantry - Goshen Town Hall - Diane Meehan, Director	413 268-7578 Wed 1-3; 3 rd Wed 1-6
Meal Site Williamsburg Senior Center	413 268-8407
Meals on Wheels Highland Valley Elder Services (HVES)	413 586-2000 or 800 322-0551
Northampton Survival Center , 265 Prospect St. Northampton	413 586-6564
Salvation Army Emergency Food, Fuel or Medication Vouchers	413 586-5336/6564

Health Services

Highland Valley Elder Services Intake referral for homecare, etc.	413 586-2000
Hilltown Community Health Center- Medical & Dental	413 238-5511, ext. 131
HOPE Nurse, Ellie Mathias	413 238-5511, ext. 322
Ellie Mathias, HealthWise Community Health Worker	413 238-5511, ext. 322
Podiatrist Dr. Michael Coby, call Williamsburg Senior Center to schedule (Alternating months at the Senior Center)	413 268-8407
Foot Care Piper Sagan, RN	
foot care in Cummington, call Ann Eisenhour	413 634-2243
foot care in Goshen, call Liz Loven for appt.	413 268-7122
foot care in Plainfield or in-home visits	413 522-8432
foot care in Williamsburg or in-home visits	413 268-8407
Deb Dean, foot care in Westhampton	413 667-5363
Diane Roeder, foot care in Chesterfield	413 374-0457
SHINE, Medicare & Drug Coverage Part D & Prescription Advantage	
Wayne Glaser	Call your COA for appointment
Lorraine York-Edberg	413 773-5555, ext. 2275
Deborah Hollingworth (Chesterfield)	413 296-4007 or 413 268-8317
Mass Health and New Health Coverage	
Buliah Mae Thomas at Hilltown Comm. Health Center	413 667-2203

Transportation Services

Cummington Neighbor to Neighbor Drivers	413 634-2262
Westhampton transportation Appts or groc. shopping, Louise Jasionkowski	413 527-5134
Williamsburg Medical & Carpool Rides (call to schedule)	413 268-8407
PVTA Dial-A-Ride (tickets sold at Williamsburg Senior Center)	866 277-7741
Hilltown Easy Ride Van Ed Pelletier	413 296-4232

Local Councils on Aging

Chesterfield COA , Janice Gibeau	413 296-4007
Cummington COA , Anne Parsons	413 634-2262
Goshen COA , Evelyn Culver	413 268-3316
Plainfield COA , Susan Metcalfe LaRock	413 743-5345
Westhampton COA , Julia Lennen	413 537-9880
Williamsburg Senior Center , Jennifer Hoffman	413 268-8410
Worthington COA , Camille Smith, Chair	413 238-5998

Williamsburg Senior Center
P.O. Box 193
Haydenville, MA 01039

PRSR STD
US POSTAGE
PAID
PERMIT 183
Greenfield MA

**WILLIAMSBURG
COUNCIL ON AGING
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Tryna Hope
Carol Hendricks
Barbara Estes
&
Volunteers

This Newsletter is sponsored in part by a grant from The Executive Office of Elder Affairs.

Out and About in July

Wednesday, July 4th, 7am-1:30pm
Chesterfield 4th of July Celebration
Chesterfield, MA

Pancake breakfast, a fun parade, chicken BBQ and more... this annual event has it all! See details on page 6.

Sunday, July 21st at 2pm
The Lunch Box... Crossroads of Williamsburg
By Anthony Thomas Jr.
John James Memorial Hall, 42 Main St., Goshen, MA

Tommy will give a talk from his 2018 published memoir on 36 years as a restaurateur in Williamsburg at the popular Lunch Box. Sponsored by the Goshen Historical Society. All welcome!

Tuesday, July 23rd at 3pm (Part 1)
Tuesday, July 30th at 3pm (Part 2)
A Two-Part Educational Series about Alzheimer's
Rockridge Retirement Community, 37 Coles Meadow Rd., Northampton, MA

Please join Rockridge and the Alzheimer's Association for a two part educational series. Part 1 on 7/23 is

"Understanding Alzheimer's and Dementia". Part 2 on 7/30 is "Effective Communication Strategies". Come, learn, and enjoy healthy snacks for an active brain!

Saturday, July 27th, Noon-5pm
Goshen Family Fun Day
Tilton Town Field, Wing Hill Rd., Goshen, MA

Rain or shine. Vendors, games, bring a picnic or purchase food there. The band Sidetracked will be performing, sponsored by the Goshen Cultural Council. This is a free event sponsored by the Goshen Women's Club.

