

# Moving Forward

## Activities and Services for Residents 60+



# August 2025

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Welcome to the COA's first self-produced news-letter.

Feedback is welcome!

**Westhampton COA**  
3 South Road  
Westhampton, MA  
01027

**Christine Blakesley,**  
Coordinator

**413-203-9808**

[coa@westhamptonma.gov](mailto:coa@westhamptonma.gov)

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
| <b>4</b><br><b>Knitting Group</b><br>6 pm Library<br><b>Yoga</b><br>6pm, Library  | <b>5</b><br><b>Fitness w/Friends Town Hall</b><br>11:30 – 12:30<br><b>Games</b><br>1:45–3 pm, WW<br><b>Scrabble</b><br>2 pm, Library  | <b>6</b><br><b>Wellness Clinic w/Public Health Nurse</b><br>10:30 am, Library<br><b>Coffee and Chat</b><br>10-12, Library<br><b>Mahjong</b><br>WW, 1:30 – 3 pm  | <b>7</b><br><b>Chair Yoga</b><br>WW 10-11 am   | <b>8</b><br><b>Summer Concert</b><br><b>Laura Manzi</b><br>6:00 – 8:00<br>Library Lawn                           |
| <b>11</b><br><b>Knitting Group</b><br>6 pm Library<br><b>Yoga</b><br>6pm, Library | <b>12</b><br><b>Fitness w/Friends Town Hall</b><br>11:30 – 12:30<br><b>Games</b><br>1:45–3 pm, WW<br><b>Scrabble</b><br>2 pm, Library | <b>13</b><br><b>Coffee and Chat</b><br>10-12, Library<br><b>Mahjong</b><br>WW, 1:30 – 3 pm  | <b>14</b><br><b>Chair Yoga</b><br>WW 10-11 am<br><b>No COA Lunch</b><br><b>Community Campfire</b><br>6:30 – 8:00<br>Library Lawn | <b>15</b>  |
| <b>18</b><br><b>Knitting Group</b><br>6 pm Library<br><b>Yoga</b><br>6pm, Library | <b>19</b><br><b>Fitness w/Friends Town Hall</b><br>11:30 – 12:30<br><b>Games</b><br>1:45–3 pm, WW<br><b>Scrabble</b><br>2 pm, Library | <b>20</b><br><b>Wellness Clinic w/Public Health Nurse</b><br>10:30 am, Library<br><b>Coffee and Chat</b><br>10-12, Library<br><b>Mahjong</b><br>WW, 1:30 – 3 pm | <b>21</b><br><b>Chair Yoga</b><br>WW 10-11 am<br><b>HVES Hot Meal Pickup</b><br>Noon   | <b>22</b><br><b>Summer Concert</b><br><b>Knock on Wood</b><br><b>Howie Newman</b><br>6:00 – 8:00<br>Library Lawn |
| <b>25</b><br><b>Knitting Group</b><br>6 pm Library<br><b>Yoga</b><br>6pm, Library | <b>26</b><br><b>Fitness w/Friends Town Hall</b><br>11:30 – 12:30<br><b>Games</b><br>1:45–3 pm, WW<br><b>Scrabble</b><br>2 pm, Library | <b>27</b><br><b>Coffee and Chat</b><br>10-12, Library<br><b>Mahjong</b><br>WW, 1:30 – 3 pm  | <b>28</b><br><b>Chair Yoga</b><br>WW 10-11 am<br><b>TechConnect Drop-In</b><br>2-4 pm Library                                    | <b>29</b>  |

## COA Ice Cream Social Sweetens the Summer on the Library Lawn

The Council on Aging's monthly luncheon took a sweet turn this July with a festive Ice Cream Social held on the library lawn. Families gathered under the warm summer sun for an afternoon of community, laughter, and plenty of delicious treats.

Though it was technically lunch, the menu featured ten different flavors of Friendly's ice cream, turning the event into a nostalgic summer celebration. Homemade



*Ray Fontaine and Colleen Basile, COA Board Members, dishing out ice cream.*

brownies and cookies complemented the frozen selections, making it a dessert lover's dream.

The weather couldn't have been more perfect — the sun shone brightly, the air was warm, and a light breeze kept everyone comfortable. Children played on the grass while adults chatted and enjoyed the relaxing afternoon, making the event a true intergenerational gathering.



*Satisfied customers.*

The Ice Cream Social was a joyful reminder of how simple pleasures — a sunny day, good company, and

sweet treats — can bring a community together. We're already looking forward to next year's ice cream social!

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## August Program

We are taking a break from luncheon programs but want to remind everyone that there will be a Town Campfire in August. See page 4.

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## Magic Wings!

The Friends of the Westhampton Council on Aging is sponsoring a day trip to Magic Wings Butterfly Conservatory in South Deerfield MA on Wednesday, September 10, 2025. This will be a self-drive/carpool trip and will be leaving the church parking lot at 10:30 a.m. The cost of this fun filled day is \$5.00 per person which includes admission into the Conservatory and a picnic lunch that will be served under a canopy in their outdoor garden area. (Please note that access to the outdoor picnic area is not accessible if using a walker or wheelchair.) Reservations are necessary and will be taken until September 7, 2025 by contacting Deb Barthelette at 413-222-2050. This event is open to all Westhampton COA members and Seniors age 62 and over living in Westhampton.



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## Watch this Space – September Programs with Comcast

Join us for our September Program at Town Hall. We are working out the details now but we can share these tidbits:

### *LiftZone*

Comcast, along with the Hilltown CDC, has graciously donated free wifi to the common area at Westhampton Woods. Please reach out to the COA if you need details.

### *Free Computers*

Join us for the September luncheon (Thursday, September 11<sup>th</sup> at noon) program at Town Hall and enter for a chance to **win one of 15 free computers donated by Comcast!** There will be boxed lunches and a presentation on cybersecurity. Check your September newsletter for details.



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## Poolside Patriotism: 4th of July in Westhampton

In Westhampton, the 4th of July isn't just about fireworks — it's about gathering with the people you love, and for many this year, that meant celebrating poolside.

The day kicked off with the smell of burgers and ribs on the grill, music playing from backyard speakers, and kids already diving headfirst into the water. Pool toys, cannonballs, and splashes filled the air as adults relaxed in lounge chairs, cold drinks in hand and the sound of laughter all around.

As the sun beat down, towels were traded for swimsuits, and plates piled high with potato salad, corn, and grilled favorites. Pool games, sunscreen reapplications, and second helpings of dessert filled the afternoon.

When evening came, the torches were lit and the fireworks began — bursts of color flashing above the trees, reflected in the pool's still surface. Sparklers fizzed in little hands, and conversations lingered late into the night.

In Westhampton, the magic of the 4th wasn't found at the beach, but right in the backyard — around the grill, in the pool, and under a sky full of stars.



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## Message for the Westhampton COA Hikers for August '25

So far it's been a hot and humid summer, with plenty of "chance of rain" days, so we didn't do a lot of hiking in June. We even had to cancel a hike, on site, due to an unexpected wind event! Hopefully, as I write this in early July, July will turn out be an improvement over June, and by the time you read this, August will have pleasant weather for us to be out hiking. Nonetheless, we'll continue to look at the weather forecast for those days that make hiking in Westhampton and surrounding areas so much fun.

So come hike with a great group of people. Get on our email list and come join us for our hikes in and

around Westhampton:  
Westhamptoncoahikers@comcast.net

Please note that all group e-mails are sent as blind copies (BCC) for your safety and privacy.

*Happy Trails, Chuck and Ray*



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## Vacancy Notice!

Are you interested in serving your community? The Friends of the Westhampton Council on Aging has a position available on their Board. We are a non-profit organization that seek donations through our main fundraising event, our Annual Pie Sale at the Fall Festival. We sponsor events such as the Veterans Day Breakfast, trips and entertainment at little or no cost to our seniors. Our Board generally meets once a month during the months of May – September often immediately following the monthly COA luncheon or event. For more information, please contact Deb Barthelette at [deb01027@aol.com](mailto:deb01027@aol.com) or by calling 413-222-2050.



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## Food Programs

### **FARMERS MARKET COUPONS 2025**

Farmers' Market Coupons are available again this summer. This program is sponsored by the Commonwealth of Massachusetts Dept of Agriculture and intended to support the nutrition of seniors. Last year each coupon booklet was for 10 coupons valued at five dollars each, for a total of \$50 per coupon booklet.

There has been a cutback in the program, and this year the booklets have 5 coupons valued at five dollars each, for a total of \$25 per coupon booklet. The

decrease was also reflected in a cut in the number of booklets that every town received.

The qualifications this year are 1) to be 60 years or older and 2) have a household income at or below 185% of Federal poverty level (Household of one \$28,953/yr; Household of two \$39,128/yr).

This year we received only 3 coupon booklets for Westhampton. At this time, we have received requests for 8 booklets and can only fill 3 requests.

The names were drawn at random, and the 3 recipients were notified. The remaining 5 requests have been put on a waitlist.



It is unknown if those requests will be able to be filled from returned booklets from other towns.

People on the waitlist will be notified if more booklets become available. All coupon books will be delivered to the recipients.

The Farmers' Market Coupon booklets are part of the Farmers' Market Nutrition Program which follows the Non-Discrimination Statement at the following link:

<http://www.fns.usda.gov/sites/default/files/cr/Non-discrimination-Statement.pdf>.

### **FARM SHARES AVAILABLE IN 2025**

The Farm Share program has 12 shares available this summer and is now filled up. A Farm Share consists of a small box of fresh vegetables grown and picked by Intervale Farm in Westhampton. The shares are available once a week, from July to September, to be picked up at Intervale Farm. This program is supported through ARPA funding for Food Security and Nutrition Assistance. The recipients of the shares were selected based on the order of the request.

Council on Aging volunteers are delivering to anyone that does not have the means of collecting their own.

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## **Community Campfire- August 14**

Everyone is invited to a gathering of friends and neighbors at the Annual Community Campfire, August 14<sup>th</sup> from 6:30 – 8:00 PM on the Library lawn. Town group (like the COA) will be there with information and musicians are encouraged to bring instruments. Bring a picnic supper, lawn chairs and blankets! Materials for s'mores will be provided as well as lawn games for all to enjoy!

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# **Library News**

## **August Library Programs**

Hours:

Mon & Thu 2pm - 8pm

Tue & Wed 9am - 12pm & 1pm - 5pm

Sat 10am - 1pm

Please check the town website or Facebook or Instagram @WesthamptonPublicLibrary for library updates. To place a request for curbside pickup, please email [westhampton@cwmares.org](mailto:westhampton@cwmares.org) or call 413-527-5386.

### **Recurring Programs** (Holidays may impact schedule)

- Knitting Group - Mondays at 6pm
- Yoga - Mondays at 6pm
- \*Yoga is drop-in, first-come/first-served, and registration is not required. Please check
- Facebook and the town calendar for updates on yoga at the library.
- Scrabble Group - Tuesdays at 2pm
- Book Group will not meet in August.
- Walk-in Wellness Clinics w/ Westhampton's Public Health Nurse - Wednesday, August
- 20th 10am - 11:30am (no clinic on August 6th)
- Coffee & Chat - Wednesdays from 10am - 12pm

- Tech Connect drop-in tech help - Thursday, August 28th from 2pm - 4pm
- Hilltown Permaculture Club - fourth Thursday of the month at 7pm

### **Meet our new public health nurse, Lily Stafford:**

Westhampton Public Library is pleased to introduce the community to Foothills Health District's part-time public health nurse, **Lily Stafford!**

Lily offers walk-in wellness clinics in Foothills Health District's member towns; Whately, Williamsburg, Goshen & Westhampton, focusing on chronic health issue monitoring and support, and education on health wellness and promotion. She is in the Westhampton Library on the 1st and 3rd Wednesdays from 10-11:30am.

In addition, Lily can help with medication management, sharps disposal, referral advice, resource connection and navigation, harm reduction supplies, health education and trainings and more. The public health nurse also monitors for communicable diseases in the area to promote safety and prevent spread. Please contact Lily at [fhd.phn@burgy.org](mailto:fhd.phn@burgy.org) with any

questions or needs. Check out FHD's new website at [foothillshealth.org](http://foothillshealth.org) to learn more.

### **August/September Artist - Jeanne Henry Hoose**

Artist's Reception: Thursday September 18th from 5:30pm - 7:30pm

Exhibit will be on view throughout August and September during open library hours.

Jeanne Henry Hoose's grew up in Central New York. She moved to Western Massachusetts in 1979 with her husband and they stayed here to raise 2 sons. She had a career as an early childhood special education teacher. Since retiring in 2015, she began to pursue painting and drawing. Jeanne takes photos of the life and spaces around her and edits them to create the images she paints. At first using watercolor and then moving to gouache, she now paints almost exclusively in oils on primed watercolor paper.

### **Clothing Swap hosted by Book Rot Book Riot**

Saturday, August 9th from 10:30am - 12:30pm

Our new teen-led book group Book Rot Book Riot is hosting a clothing swap at the library! Swap clothes

with your fellow community members to help the environment and your wallet.

### **Clothing Drop Off:**

You may drop off donations at the library during library hours the week of August 4th. You may also drop off items at the library prior to the start time on August 9th.

No underwear, used swimsuits, or accessories! Clothing for all age groups and sizes is welcome.

Please email the library at [westhampton@cwmares.org](mailto:westhampton@cwmares.org) for more information.

### **Field of Dreams Concerts –**



All concerts begin at 6pm. Please bring your own lawn chair. In the case of inclement weather, concerts will be held at Town Hall.

**Friday August 8th** - A new name/band for us - Laura Manzi, playing Rock and Folk favorites from across the decades

Friday August 22nd - Another new name for us - Knock on Wood with Howie Newman, Acoustic Folk-Rock duo featuring funny original music and Classic Rock covers.

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## Out and about in the Hilltowns



### **Technology Help & Training for August**

#### **GREAT NEWS!**

TechConnect will continue providing services through a partnership with Northampton Open Media. Although we have fewer trainings going forward, drop-ins and tech support will continue. Please take advantage of ongoing services.

#### **Delivering Now and Accepting New Requests: Internet Hotspots**

It's not too late if you need affordable internet access. We have a solution that may work for you. Hotspots are small cellular devices you can use to access internet and work in most areas in the hilltowns. If you are interested in learning more, please contact us by phone or email. Call 413-296-5080 or email to [coatechdevices@gmail.com](mailto:coatechdevices@gmail.com).

#### **Devices for you: PC laptops, desktops, refurbished Chromebooks, and iPads**

There is still time to join the Digital World while supplies last. We have received more PC laptops, desktop

computers, refurbished Chromebooks, and a few iPads. If you need a device to connect to the internet, have something so old it is not working effectively, or need a different type of device please contact us by leaving a message at 413-296-5080, or use the online request form on our website: [www.northernhilltownscoas.org](http://www.northernhilltownscoas.org)

#### **Tech Support Available by appointment**

Receive technology help by email, phone, drop-in, or by appointment: [coaTechHelp@gmail.com](mailto:coaTechHelp@gmail.com) phone or text msg 413-296-5080 or check the website, [www.northernhilltownscoas.org](http://www.northernhilltownscoas.org), for locations and time. You can attend drop-in at all locations, except Nash Hill.

#### **Drop in Centers: All are welcome at any location! (no appointment needed)**

**Chesterfield Community Center** 400 Main Rd. Chesterfield

- Weekly on all Tuesdays from 11:00 to 2:00
- Friday August 1<sup>st</sup> from 11:30 to 1:30

**Cummington Community House** Drop-In tech support, 33 Main Street, from 10 to Noon, 2nd Wed. 8/13

**Goshen Library, Drop-In** tech support from 12:00 to 2:00, 3rd Thursday, 8/21

**Plainfield Shaw Memorial Library** Drop-In tech support, from 5:30 to 7:30, 3rd Thursday 8/21

**Westhampton Library** Drop-In tech support, from 2:00 to 4:00, 4th Thursday 8/28

### **Williamsburg**

- Meekins Library Drop-In tech support from 10:30 to 12:30 2nd Tuesday, 8/12
- Nash Hill Place Resident Drop-In tech support from 10:00 to Noon, 2nd Tuesday, 8/12

**Worthington Drop-In** tech support at COA office – call COA for date/time

### **Tech Training Classes and Workshops:**

MUST pre-register for training no later than one week before the scheduled training date. All classes held at the Chesterfield Community Center, 400 Main Rd, lower level.

To register email [coaTechTrainer@gmail.com](mailto:coaTechTrainer@gmail.com); call or text 413-296-5080, or sign up through the website [www.northernhilltownscoas.org](http://www.northernhilltownscoas.org)

### **Tech Workshops August:**

On Friday at 10:30 – 11:30 at Chesterfield Community Center

8/1 - Google Drive 10:30 – 11:30

### **Computer Classes:**

No ongoing computer classes are scheduled. An alternate online resource for basic training can be accessed, with help from us, at <https://www.digitalliteracyassessment.org/login/?location=17640-MG8N-techconnect>. We can setup your access to this website and help you begin to train yourself for very basic to more advanced beginner digital literacy.

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## **Trips in 2025**

Contact Francine Frenier to reserve your seat **BEFORE** mailing payments. For more information call 413-296-4291 or mail: [francine.frenier@gmail.com](mailto:francine.frenier@gmail.com) Mail to: 11 Stage Rd. Williamsburg, MA 01096

**Day Trip Sept. 15: The BIG E**, an annual favorite, with free entertainment at The Court of Honor Stage. The Stylistics perform hits from the 70's. Cost \$18 for Northampton Seniors, all other seniors \$20. Make your check payable to Barbara Kaczinski & send to 39 Leeno Terr. Florence, Ma 01062 by Sept. 1. NO REFUNDS due to bargain price. Bus leaves from Sheldon Field. NOTE check info and mailing address.

**NEW Day Trip Wed. October 8: Historic Salem Cross Inn.** Includes luncheon, choices available. Tour of Quabbin and Stop at Brookfield Orchards. Discounted price for Worthington Seniors over 60 and \$103 for

other seniors. Call Phyllis 413-238-5962 or email [coa@worthington-ma.us](mailto:coa@worthington-ma.us) for details and to reserve a seat by Sept 1. Limited seating.

**Day Trip Oct 9: A Chorus Line.** Center orchestra seating for the 50th Anniversary Production at the Goodspeed Opera House in East Haddam, CT. Center Orchestra seating. Lunch at The Gelston House. Price \$177. Make your check payable to Landmark Tours and mail it to the address above by August 1. A few seats available.

**Multi Day Trip October 12-18: Biltmore Estate and Smoky Mountains,** Asheville, NC. Seven days, six nights. Visit the Biltmore Estate, the St. Lawrence Basilica, historic Gatlinburg, TN and Asheville, NC. Guided tour of the Smoky Mountains National Park. Price \$1,099. Make the check payable to Diamond Tours and mail to the address above. One bus only. Wait list still available.

**Day Trip Dec 7: Sunday A Holiday Event in Waltham, Ma.** Reagle Music Theater Players beloved Christmas extravaganza--100 performers, live orchestra, dancers, living nativity, and yuletide tunes. Pre-show lunch at the Chateau Restaurant. Price \$160 (approx.) Make a check payable to Landmark Tours and mail to the address above by October 13. Call or email above to be added to the Wait List

**Note:** There are day trips to Bronx Zoo, Statue of Liberty, Salem, Radio City Rockettes all leaving from Chicopee. If interested, call 413-296-4291 or 413-593-3939 for more information.

**2026:** Multi Day trips to Washington DC and Mackinac Island!

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## **Dementia and Finances**

On one of my trips home, Dad activated my Power of Attorney because he caught himself writing two checks to a charity, which dismayed him with worry about doing worse. Probably all of us have a vague or possibly real fear of dementia. When it comes to finances, there is a basis for that fear. This month's note comes directly from a recent New York Times column by Dana G. Smith on financial problems as a sign of possible dementia.

"People with dementia can experience money problems or declining credit scores years before memory loss, or other cognitive symptoms, emerge. They might forget to pay their bills, for instance, or no longer be able to stick to a budget.

"One of the reasons why financial mismanagement can be a sensitive indicator is just because it's so complicated," involving the interplay of multiple brain regions, said Dr. Winston Chiong, a professor of neurology at the University of California, San Francisco.

Consequently, finances can be one of the first areas where cracks in someone's cognition start to appear."

The author points out that poor financial decision-making is especially a concern for those with fronto-temporal dementia, a relatively rare form of dementia where judgment is affected very early on in the disease. These people might make impulsive purchases and decisions. Others might also be more trusting of people than they used to be. That of course increases their risk of being scammed.

So I send this not to be scary and alarmist, but to pay attention to a possible warning signal such as missing bill payments, falling for scams, or seeing lowered credit scores. If a signal comes, it is important to have open and honest conversations about the future, to document important information early, and to develop support networks and people that can help us out.

Yours in health,  
Jean O'Neil

TRIAD Committee member  
jeanoneilmass@gmail.com; 413-268-2228

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## Good News August 2025

By Deb Hollingworth

It's been a while since I've talked about the **Pharmacy Outreach Program** which is a great resource for folks who have questions about Rx. This telephone help line has been around for many years now, and is available M-F 8:30 to 5. Located at UMass Medical in Worcester, and funded by the Massachusetts College of Pharmacies and the Executive Office of Aging and Independence, the information line can connect you with pharmacists or information specialists who understand prescriptions and the drug plans that cover them.

They can tell you about drug interactions, generics vs. brand names, whether there is another Rx that might work as well as the one you are currently taking, and review your list of prescriptions. But the number one question their information specialists get is about Rx cost. And if you are one of those folks who take more than 8-10 Rx daily, the co-pays mount up and be a financial hardship.

If there's a less expensive way to get your Rx, the Pharmacy Outreach information specialists will know. Whether it's manufacturer's patient assistance programs, prescription discount cards, Rx coupons, free trial offers, manufacturer co-pay cards or co-pay foundations, or a generic substitute for the brand name Rx you take, they can guide you through the labyrinth of options.

As you might guess.....their phones ring off the hook during Open Enrollment each year (October 15th - December 7th) when it's time to pick a Medicare D plan for the upcoming year. I mention this because they have already begun taking appointments for Open Enrollment, so if you have a complicated Rx list with multiple medications....with significant co-pays, you might want to give them a call.....**866-633-1617** and book your Open Enrollment appointment

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## Be a Safe Cook!

Cooking fires are still the leading cause of residential fires and fire injuries. Here are a few things you can do and not do be a fire S.A.F.E. cook:



- Keep the area around the stove clear of groceries, food packaging, and other items that can burn, like paper towels, hand towels and oven mitts.
- Wear tight fitting sleeves or short sleeves when cooking.
- Stand by your pan while boiling, broiling, or frying food.

In the event of a fire starting in a pan or pot, smother it with a lid or cookie sheet. Do NOT try to move a burning pan and do NOT douse it with water for fear of spreading the fire. Just PUT A LID ON IT!

***If the cooking fire gets away from you, call 911 immediately.***

Be sure to **STAND BY YOUR PAN** when cooking,

Worth Noyes

S.A.F.E. Educator, Williamsburg Fire Department.  
Seniors Aware of Fire Education is a program of the state Department of Fire Services.

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***The Westhampton Council on Aging benefits from your support  
for our programs for local seniors!***

I would like to contribute to the Westhampton COA. My contribution of \$\_\_\_\_\_ is attached.

*(Please make out your check to The Friends of the Westhampton COA and write "Program Support Fund" in the memo line; mail to Charlotte Wood, 14 Perry Hill Rd., Westhampton, MA 01027).*

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_

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Westhampton Council on Aging  
3 South Road  
Westhampton, MA 01027



PRSR STD  
US POSTAGE  
PAID  
PERMIT 183  
Greenfield MA

**Westhampton COA**

Christine Blakesley,  
Coordinator

Julia Lennen, Chair

Colleen Basile, Secretary

Ray Fontaine,

Lorraine Galica

Dave Goddard

Lillian Baxter,  
HEN Representative

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Need a ride?

Contact Danielle Buzzee at:  
(413) 246-0278 or by email:  
danielle.buzzee@icloud.com



**Fall Festival is Sunday October 12<sup>th</sup>!**

**Calling All Pie Bakers! Friends of the COA Seeking Homemade Pies for Fall Festival Sale**

The Friends of the Council on Aging (COA) is once again preparing for one of our most beloved community traditions — the Annual Pie Sale at the Westhampton Fall Festival! This year's event promises to be bigger and better than ever, and we need your help to make it a sweet success.

We're calling on all expert pie bakers in the community to dust off those rolling pins and preheat those ovens. Whether you're known for your classic apple pie, a perfect pecan, or a creative twist like maple-bourbon pumpkin, we welcome *any* kind of homemade pie you'd like to donate.

Each delicious contribution will help raise funds to benefit the Westhampton Council on Aging, supporting vital programs and services for our seniors. It's a wonderful opportunity to give back to the community while sharing your baking talents.

For questions, please reach out to the Friends of the COA. We thank you in advance for all your effort!