

# Moving Forward

Activities and Services for Resident 60+



## May Calendar of Events

<u>Monday</u>	<u>Tuesday</u>	<u>Wednesday</u>	<u>Thursday</u>	<u>Friday</u>
			1 <b>Chair Yoga</b> WW, 10-11am <b>Winter's End Program</b> 6-7:30, Library	2
5 <b>Knitting Group</b> 6pm, Library <b>Yoga</b> 6pm, Library	6 <b>Fitness with Friends</b> Town Hall, 11:30-12:30pm <b>Games</b> 1:45-3pm, WW <b>Scrabble</b> 2pm, Library	7 <b>Wellness Clinic w/ Public Health Nurse</b> 10-11:30am, Library <b>Coffee &amp; Chat</b> 10-12, Library <b>Mahjong</b> WW, 1:30-3pm	8 <b>Chair Yoga</b> WW, 10-11am <b>Potluck &amp; Calvin Coolidge Talk</b> 12pm, church	9 <div>Sat. 5/10 <b>Town Meeting</b></div>
12 <b>Computer Class</b> 10-12, Library <b>Knitting Group</b> 6pm, Library <b>Yoga</b> 6pm, Library	13 <b>Fitness with Friends</b> Town Hall, 11:30-12:30pm <b>Games</b> 1:45-3pm, WW <b>Scrabble</b> 2pm, Library	14 <b>Coffee &amp; Chat</b> 10-12, Library <b>Mahjong</b> WW, 1:30-3pm	15 <b>Chair Yoga</b> WW, 10-11am <b>Hot Lunch Program</b> 12pm, WW	16 
19 <b>Knitting Group</b> 6pm, Library <b>Yoga</b> 6pm, Library	20 <b>Fitness with Friends</b> Town Hall, 11:30-12:30pm <b>Games</b> 1:45-3pm, WW <b>Scrabble</b> 2pm, Library	21 <b>Wellness Clinic w/ Public Health Nurse</b> 10-11:30am, Library <b>Coffee &amp; Chat</b> 10-12, Library <b>Mahjong</b> WW, 1:30-3pm	22 <b>Chair Yoga</b> WW, 10-11am <b>Hilltown Permaculture Club</b> 7-8pm, Library	23
26 <b>Memorial Day (Library closed)</b>	27 <b>Fitness with Friends</b> Town Hall, 11:30-12:30pm <b>Games</b> 1:45-3pm, WW <b>Scrabble</b> 2pm, Library	28 <b>Coffee &amp; Chat</b> 10-12, Library <b>Mahjong</b> WW, 1:30-3pm	29 <b>Chair Yoga</b> WW, 10-11am <b>Free for All: Public Library Film</b> 6-8pm, Library	30 <div>Sat. 5/31 <b>Writing Project</b> 10:30-12, Library</div>

Westhampton COA ♦ 3 South Road ♦ Westhampton, MA 01027 ♦ Seniors Helping Seniors  
Coordinator: Christine Blakesley ♦ 13-203-9808 ♦ coa@westhamptonma.gov

## Potluck & Calvin Coolidge Talk

**Westhampton Congregational Church**  
**Thursday, May 8th at Noon**

At our May luncheon, Julia Bartlett Nelson, Head of the Calvin Coolidge Library and Museum will be joining us to speak on the life and times of Calvin Coolidge. Not only was Calvin Coolidge the 30th President of the United States, he was also Mayor of Northampton and Governor of Massachusetts. So please join us on Thursday, May 8th at noon for a delicious lunch and some local history. Hope to see you there!



**The Hampshire Regional High School Drama Company** is teaming up with the local Councils on Aging to bring a special theatrical experience to the community. In a unique collaboration, students will perform a production of **The Picture Of Dorian Gray** for you (those who are 60+), providing you with the opportunity to enjoy a show at no cost. Entry is free to all COA Seniors. (See last page of this newsletter for more details.)

### Farm Shares Available in 2025

The Farm Share program will be available again this summer! A Farm Share consists of a small box of fresh vegetables grown and picked by Intervale Farm in Westhampton. The shares will be available once a week, from July to September; exact dates will be available in the future. This program is supported through ARPA funding for Food Security and Nutrition Assistance. There will be 12 Farm Shares available this summer. The recipients of the shares will be selected based on the order of the request. If you are interested in receiving a farm share, **please contact Lorraine Galica by phone at (413) 387-3960 or by email at lagfjord@comcast.net**. We ask that recipients collect their Farm Share Boxes once a week (day and time to be determined) at Westhampton Woods Unit F. For anyone that does not have a means of collecting their own, the share will be delivered to you by Council on Aging volunteers.

### Pickleball!

Looking for a great way to get some exercise, socialize and meet new people? A mashup of tennis, racquetball, badminton and ping-pong, played indoors and out, people of all ages are playing **PICKLEBALL!** Come to the Westhampton Town Hall and learn about the healthy, friendly game that's sweeping the nation! **FREE** instruction and

play sessions available for players of all ages and abilities! We have everything you'll need. All you need to bring is a pair of good sneakers and a smile!

- To sign up for new player instruction or for more information, **contact Dale Kasal, Program Coordinator. Call or text to (413) 842-6148**

- Already know how to play? Contact Dale for session info and how to sign up.

### Fourth Grade Talent Show



Our March luncheon featured a reprise of the crowd favorite, Fourth Grade Talent Show. We started with pizza and assorted Little Debbie snacks and then gathered 'round for Mrs. Overstreet's students.

Christine Blakesley, our new Coordinator, introduced the show — remarking that she remembers her fourth-grade talent show!

The emcee told us jokes to warm the crowd up. Among the presentations were a recitation of the Hebrew alphabet, piano playing, drawing, steer training synchronized with music!), and video game coding.

### A Word from Our Community Connector

Hello all, my name is Jennifer O'Connell, and I am working for the Hilltown COAs as the Community Connector. I am here to help Hilltown residents that are having issues and need assistance.

Some examples are:

- Obtaining benefits such as Fuel Assistance, SNAP, Social Security, etc.
- Help you continue to live independently in your home.
- Repairs

- Connection to local groups / activities to prevent isolation and have fun with community members.
- Transportation assistance - All inquiries are welcome.

I look forward to working with you! Call me at **(413) 296-4536 ext.110** or email **communityconnectjo@gmail.com**.

\*Please note I do not assist with medical insurance, Medicare, or Medicaid issues. For:

- ⇒ Mass Health help, call Buliah Mae Thomas: **413-238-5511**
- ⇒ Medicare / Insurance help, call Highland Valley Elder Services: **413-586-2000 x 999 option 2**

### Hilltown CDC - Medical Services for Elders

The HOPE Program (Health Outreach Program for Elders) brings “in-home” medical services to homebound elders. Administered by the Hilltown Community Health Center in Worthington, HOPE brings vital home services to patients of the health center that have previously been difficult to arrange or unavailable. Under a doctor’s supervision, specially trained registered nurses and/or podiatric nurses and community health workers visit homebound elders who may be struggling with issues of illness, recovery, medication, aging, home safety and independent living challenges.

Some patients require direct services while others need care with coordination, medical oversight or information and referral. Currently 80-100 elders are visited periodically. A large portion of HEN participants are served by this program, thus helping to create the beginnings of a local comprehensive system of elder in-home care. HOPE also helps to coordinate medical transportation for elders, an immense task in the Hilltowns, especially during the winter months. HOPE staff help to limit suffering and isolation and provide many necessary “in-home” medical services previously unavailable in the Hilltowns. HOPE also offers elders in-home assistance with the task of organizing Medicare & MassHealth details, insurance and other medical billing issues. There are no costs to these services provided to eligible elders.

### HOPE provides elders in the Hilltowns in-home medical care, including:

- Vital sign monitoring
- Blood draws
- Flu shots and immunizations
- Flu clinics and blood pressure clinics
- Medication management
- Assistance completing health care proxy forms

- Help arranging appointments with providers
- Referrals for housekeeping help, and much more!

**For further information, call Robyn at (413) 238-5511 x313.** The HOPE program is administered by the Hilltown Community Health Center and funded, in part, through Massachusetts Community Development Block Grants, currently through the Town of Chesterfield.

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**Library Hours: Mon & Thu 2pm - 8pm;  
Tue & Wed 9am - 12pm & 1pm - 5pm;  
Sat 10am - 1pm**

**Library closed Mon. 5/26 (Memorial Day)**

**Please check the town website or Facebook or Instagram @WesthamptonPublicLibrary for library updates. To place a request for curbside pickup, please call (413) 527-5386 or email [westhampton@cwmar.org](mailto:westhampton@cwmar.org)**

***\*Yoga is drop-in, first-come/first-served, and registration is not required. Please check Facebook and the town calendar for updates on yoga at the library.***

### Town Hall with Rep. Lindsay Sabadosa

*Monday, May 12th from 7pm - 8:30pm*

Join State Rep. Lindsay Sabadosa for an informal conversation about what's happening in the legislature. This event is open to everyone in the district—no pre-registration required!

### WINTER'S END: Dementia and Dying Well at the Westhampton Library

*Thursday, May 1st from 6pm-7:30pm*

*Presenter: Dr. Lew Cohen*

Dementia is the most feared disease that anyone can encounter and is inevitably fatal. It is human nature for us to want to live as long as possible, but does that apply when we are diagnosed with disorders like dementia?

Last year, Oxford University Press published “WINTER’S END: Dementia and Dying Well” written by Dr. Lew Cohen. It is a moving story based on a 9-month series of interviews that Lew conducted with Dan Winter, a 6th generation Kansan. Winter, 62, had been diagnosed with early-onset Alzheimer’s and wanted to take his life. Lew is an emeritus professor of psychiatry and a palliative medicine researcher, who lives on Pine Island Lake in town. Copies of “Winter’s End” will be available for purchase at the event.

## Hilltown Permaculture Club

Thursday, May 22nd from 7pm - 8pm

The Hilltown Permaculture Club is pleased to have Dr. Thomas Avery Garran, PhD present "Our Story," an account of one couple's journey that led them to farm medicinal plants in Huntington, MA. After moving from Cape Cod to California, then to Hawai'i and China, finally arriving in the hilltowns, Thomas and Holly have planted themselves firmly on the 44 acres that they now steward. Marrying modern science and traditional knowledge, not to mention the US and China (Holly is Chinese), this couple finds itself basking in the glory of a south-facing slope. Join Dr. Garran as he weaves a tale of sorrow and pain with joy and glee, and a healthy sprinkling of hard work that has led he and his lovely wife to a place of bird song and deep soils.

## Free for All: The Public Library film

Presented by Westhampton Public Library & NEPM  
Thursday, May 29th from 6pm - 8pm

Join us for a film screening of the PBS Independent Lens documentary Free for All: The Public Library followed by a pre-recorded interview with filmmakers Dawn Logsdon and Lucie



Faulknor. After that, we'll have a panel discussion with community members Laurie Sanders and Pat Miller who were instrumental in the campaign to build our current library. We'll talk about how libraries transform communities, how libraries have responded to challenges throughout history, and the story of our own town library. Pizza and cake will be served in celebration of (almost) 15 years in our current library building. **Please call (413) 527-5386 or email westhampton@cwmar.org to register.** Special thanks to the Friends of Westhampton Library and the Lyn Keating Program Fund for sponsoring this event.

## Pick up the Pen: Start Your Writing Project

Saturday, May 31st from 10:30am - 12pm

In this fun, supportive workshop with Lara Tupper, you'll begin a writing habit you can stick with and enjoy. Learn practical tips and easy prompts that will allow you to develop a writing routine and complete your writing project. All adults are welcome to attend. Please bring a notebook, pen and any writing tools that serve you.

This workshop is free to attend but registration is required. **Please sign up in advance by contacting westhampton@cwmar.org or call (413) 527-5386.** Special thanks to the Friends of Westhampton Library and the Lyn Keating Program Fund for sponsoring this event.

## Westhampton COA Hikes – In Need of Volunteers!

Short personal note: As Ray has done for me, I've been stepping up for him during his recent rehab. (He has improved a lot). The fall and winter were dicey for both of us, but here we are. That said, I am beginning my leadership exit. To continue, more folks will need to step up. When I began leading our hikes in 2015, I intended to keep at it for two or three years. The rest has been a wonderful history. Originally, we looked to our members to take the lead for their favorite locations. Helene P, Bill M, Bill T, Lilly B, John C, Wendy B, Ray F, and others who I've missed were all involved. We can't thank them enough. The last three years, Ray has taken on the invites and planning as I've hung on to assist. Now we are looking for more folks to step in. We already have some volunteers to lead a hike or two. If many more of us can commit in some way, we should be in great shape to energize WCOAH for years to come. More discussions to come. ONWARD.

If you are interested in becoming a volunteer or wish to be involved more with the COA please feel free to **contact Christine Blakesley via (413) 203-9808 or COA@westhamptonMA.gov**

### ***The Westhampton Council on Aging benefits from your support for our programs for local seniors!***

I would like to contribute to the Westhampton COA. My contribution of \$\_\_\_\_\_ is attached.

*(Please make out your check to The Friends of the Westhampton COA and write "Program Support Fund" in the memo line; mail to Charlotte Wood, 14 Perry Hill Rd., Westhampton, MA 01027).*

Name \_\_\_\_\_ Telephone \_\_\_\_\_

Address \_\_\_\_\_

Email \_\_\_\_\_



### Seniors Aware of Fire Education

Hoping that May will warm things up enough for barbecuing, here are some things to consider for barbecue safety:



- ~NEVER grill indoors.
- ~ Keep grills at least 10 feet away from the side of any building.
- ~ Keep children away from a burning grill.
- ~ NEVER leave a burning grill unattended.
- ~ Grills may be used on first floor decks, balconies or patios if there is an outdoor stairway to the ground or if it is on the ground level.
- ~ Grills are prohibited to be used on any porch, balcony or deck that has a roof or overhang.

#### Gas Grill Safety

- ~ Propane is heavier than air and will sink to the lowest level. A leaky grill is a hazard to anyone below.
- ~ Keep propane 10 feet away from any building openings (doors, windows, dryer vents).
- ~ Keep propane 20 feet away from air intake vents and any ignition sources.

#### **Before lighting a gas grill:**

- ~ Make sure all connections are secure and tight, and open the lid.
- ~If the flame goes out, turn off the gas and wait 10 minutes for the gas to dissipate before relighting the grill.
- ~Make sure the grease trap is clean.

#### Charcoal Grill Safety

- ~ Use only charcoal lighter fluid, not gasoline.
- ~ After the coals are lit, be patient and NEVER add more lighter fluid to the fire. Flames can travel up the light fluid stream and cause very serious burns.
- ~ Dispose of the ashes in a covered metal container.

Have a S.A.F.E and delicious barbecuing season!

--Worth Noyes, SAFE Educator  
Williamsburg & Cummington Fire Departments

*The Senior SAFE program is sponsored by many of  
your fire departments and the MA Dept. of  
Fire Services.*

### Social Security Safety, part 2

Oh the hubris. I WILL make this work, I said last month. Well, yes and no.

I did finally find the location online in my account where I could block access, it is called "Deactivate Access". I found it under My Profile, then Security. But the directions / warning scared me off. This is not a simple block like we do for our credit bureau files. To get my account unblocked, I will have to verify my account again by calling the Social Security office. Not my favorite thing to do...

I would have to unblock my account to make any future changes to direct deposit (I change my bank, for example), or need to report a change of address. But as more news has surfaced about private individuals accessing our data, I worry about the data getting compromised by them misusing it or just messing up the software so it doesn't work.

If you do decide to move forward with the block, you can call the Social Security Administration and request the block. You can apply a Self Lock on E-Verify.

In the meantime, remember the old safety warnings which I will repeat, then stop nagging. Don't carry your card with you. Don't share your number over the phone, EVER, or in public. Don't give out your number unless it really is necessary. Keep sharp watch on your bank statement to find any discrepancies and report them right away and to make sure your monthly SS payments come in and are correct. Do the credit report freeze if you haven't already done so.

Again, I now do not recommend this. Too risky for my blood. My parents didn't raise a gambler!

As always, stay safe.

Jean O'Neil

TRIAD Committee member

jeanoneilmass@gmail.com

413-268-2228



## Tech. Help and Training for May



### GREAT NEWS!

TechConnect will continue providing services through a partnership with Northampton Open Media. Although we have fewer trainings going forward, drop-ins and tech support will continue. Please take advantage of ongoing service.

### DELIVERING NOW AND ACCEPTING NEW REQUESTS: Internet Hotspots

It's not too late if you need affordable internet access! We have a solution that may work for you. Hotspots are small cellular devices you can use to access the internet, and they work in most areas in the hilltowns. If you are interested in learning more, please contact us by phone or email. Call **413-296-5080** or email **coatechdevices@gmail.com**.

### Tech Support Available by appointment

Receive technology help by email, phone, drop-in, or by appointment: **coaTechHelp@gmail.com**, phone or text msg **413-296-5080** or check the website, **www.northernhilltownscoas.org**, for locations and time. You can attend drop-in at all locations, except Nash Hill.

### Devices for you: PC laptops, refurbished Chromebooks, iPads and Android tablets

There is still time to join the Digital World while supplies last. We have ordered more PC laptops/ computers, refurbished Chromebooks, iPads and Android tablets. If you need or are waiting for a device to connect to the internet, have something so old it is not working effectively, or need a different type of device please contact us. Email **coatechdevices@gmail.com**, leave message at **413-296-5080**, or use online request form on our website, **www.northernhilltownscoas.org**

### Drop in Centers: All are Welcome at Any Location! (no appointment needed)

- Chesterfield Community Center, 400 Main Rd. Weekly on all Tuesdays from 11:00 to 2:00  
Two Fridays, 11:30-1:30 (5/2 and 5/16)
- Cummington Community House, 33 Main St. Drop-In tech support, 2nd Weds. 10-12 (5/14)
- Goshen Free Public Library, 42 Main St. Drop-in tech support, 3rd Thurs. 12pm-2pm (5/15)

- Plainfield Shaw Memorial Library, 312 Main St. Drop-In tech support, 3rd Thurs. 5:30-7:30pm (5/15)
- Westhampton Library, 1 North Rd. Drop-in tech support, 4th Thurs. 2-4pm (5/22)
- Williamsburg Meekins Library Drop-In tech support  
2nd Tuesday 5/13 from 10:30-12:30  
Nash Hill Place Resident Drop-In tech support  
2nd Tuesday 5/13 from 10 to Noon

### Tech Training:

MUST pre-register for training no later than one week before the scheduled training date. All classes held at the Chesterfield Community Center, 400 Main Rd, lower level. To register, email **coaTechTrainer@gmail.com**, call or text **413-296-5080**, or sign up through the website **www.northernhilltownscoas.org**

### Tech Workshops, May into August:

#### **\*Note Change To June Workshops**

*On Fridays twice a month from 10:30–11:30 at Chesterfield Community Center*

- 5/2 - Intro to Google Suite
- 5/16- Microsoft Word
- 6/13 - Microsoft Excel
- 6/27 - Canva
- 7/18 - Windows Basics
- 8/1 - Google Drive

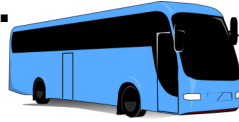
### Computer Classes:

No ongoing computer classes are scheduled. An alternate online resource for basic training can be accessed, with help from us, at **www.digitalliteracyassessment.org/login/?location=17640-MG8N-techconnect**

We can set up your access to this website and help you begin to train yourself for very basic to more advanced beginner digital literacy.



## On the Road Again... 2025 Trips



Contact Francine Frenier to reserve your seat **before** mailing any payments to determine availability: 413-296-4291, francine.frenier@gmail.com. Mailing address: 11 Stage Rd., Williamsburg, MA 01096.

*Day Trip June 17* **Isles of Shoals Cruise in Portsmouth, NH.** Lunch at Foster's Clambake in York, Maine. Cost \$154 DUE NOW. Make check payable to Landmark Tours and call 413-529-2105.

*Multi Day Trip June 22-26.* **Montreal & Ottawa.** Passports required. Visit the Biodome, Notre Dame Basilica, Montreal's Underground City, Parliament Hill, Cruise on the St. Lawrence River. Payment of \$1,052 due **NOW**. Make the check payable to Diamond Tours and mail to the address above. **Waitlist only.**

*Day Trip July 16.* **FDR Homestead & Library and Hudson River Cruise.** Take a scenic cruise on the Hudson River. Enjoy a boxed lunch on board. Tour the home of Franklin D. Roosevelt and the first Presidential Library. Price \$140. Make check payable to Landmark Tours and mail to the address above by May 28. **Waitlist only.**

*Day Trip August 3.* Triple A affiliates, **Boston Red Sox Woo Sox vs Philadelphia Phillies Lehigh Valley IronPigs** at Polar Park, Worcester, MA. A pre-game tour of Polar Park and a ballpark-fare buffet are included. Cost \$90.00. Make check payable to Francine Frenier and mail to address above by June 1. **Waitlist only.**

*Day Trip Sept. TBD.* **The BIG E**, an annual favorite, with free entertainment at The Court of Honor Stage.

*Day Trip Oct. 9.* **A Chorus Line.** Center orchestra seating for the 50th Anniversary Production on stage at the Goodspeed Opera House in East Haddam, CT. Center Orchestra seating. Lunch at The Gelston House. Price \$177. Make a check payable to Landmark Tours and mail to the address above by August 1.

*Multi Day Trip October 12-18.* **Biltmore Estate & Smoky Mountains, Asheville, NC.** Seven days, six nights. Visit the Biltmore Estate, the St. Lawrence Basilica, historic Gatlinburg, TN & Asheville, NC. Guided tour of the Smoky Mountains National Park. Price \$1,099. Discount of \$25 if paid in full by July 18. Make the check payable to Diamond Tours and mail to the address above. **A 2nd bus has a few open seats.**

*Day Trip Sunday, December 7.* **A Holiday Event in Waltham, MA.** Reagle Music Theater Players beloved Christmas extravaganza--100 performers, live orchestra, dancers, living nativity, and yuletide tunes. Pre-show lunch at The Chateau Restaurant. Price \$160 (approx.) Make a check payable to Landmark Tours and mail to the address above by October 13.

## Good News for May 2025

By Deb Hollingworth

Besides it is finally beginning to feel like Spring, the Good News this month is more about the Medicare Savings Program.

Those of you who submitted a MSP application last year are beginning to get a notice from MassHealth asking you to "recertify". This happens every year for anyone enrolled in MassHealth and although the Medicare Savings Program is technically a Federal benefit, not a MassHealth benefit, it is administered by MassHealth, which is why you are getting the recertify letter.

The good news is that the recertification application is the same as your original application. Only two pages. And does not require verification of identity or income. You once again, self declare your income, give your Medicare number and mail back to the address on the application.

Some of you may have received a MassHealth card during the year? Perhaps you are confused since you can't remember applying for MassHealth. The card came automatically because your income was low enough to qualify you for the highest level of Medicare Savings Program subsidy which is called QMB. Those folks with income less than \$2,478/ month single, or \$3,349/ month married get an additional benefit because MSP will pay any co-pays or deductibles that Medicare doesn't cover.

*If you received a MassHealth ID card in the mail, be sure to show it to your medical providers so it will be added to your record and you will not be charged any co-pays or deductibles.*

QMB is not MassHealth, and is not subject to Estate Recovery. It's a great benefit that acts like a Medex supplement.

Which brings me to the next question. If you have QMB through the Medicare Savings Program, do you need to keep your Medex? The short answer is No. QMB does the same thing as your Medex. The longer answer is if you give up your Medex, you won't be allowed to get it back at some later date, as long as you have QMB. So for folks who spend time out of state, like winters in Florida, you might not want to give up your Medex. QMB works in Massachusetts, but out of State medical providers may not be willing to bill it.

If you have any questions, or a problem with your medical provider not billing QMB for deductibles or co-pays, you can speak with Caroline Solan, your SHINE counselor at Highland Valley, 413-586-2000, or call your senior center for more information.

**Westhampton Council on Aging  
3 South Road  
Westhampton, MA 01027**

PRSRT STD  
US POSTAGE  
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PERMIT 183  
Greenfield MA

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Lillian Baxter,  
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Daniel Valinski,  
Newsletter Editor

Kristen Estelle,  
Newsletter Designer  
regionalcoanews@gmail.com

Need a ride?  
Contact Danielle Buzzee at:  
(413) 246-0278 or by  
email:  
danielle.buzzee@icloud.com

**Let's Keep Talking About Death-  
Part 2**

**May 20, May 27 and June 3rd  
4:00-5:30pm**

**John James Memorial Hall  
42 Main St. Goshen**

We are continuing our series of conversations based on *Let's Talk About Death Over Dinner* by Michael Hebb. Sessions will be led by End of Life Doula Stacey Mackowiak and take place over three sessions-May 20, May 27, and June 3 from 4:00-5:30pm.

Sessions will involve guided practices, journaling, and small group discussions on topics including vigil planning, life review, writing an epitaph, legacy planning, being present with the dying, and how to say goodbye.

*All are welcome, even if this is your first session.*

**Please email or call Kerry Normandin at 268-9354 by May 12 if you would like to attend.**

**The COAs in collaboration with the  
HRHS Drama Company!**

**Hampshire Regional High School Auditorium  
Thursday May 15th at 3pm  
(doors open at 2:30pm)**

**The Picture Of Dorian Gray**

*Let's go see a show! Together!*

The High School Drama Company is teaming up with the local Councils on Aging to bring a special theatrical experience to the community. In a unique collaboration, students will perform a production for you (those who are 60+), providing you with the opportunity to enjoy a show at little to no cost. This partnership offers the students a chance to showcase their work in a relaxed and supportive environment, serving as a dress rehearsal before the official debut. For the seniors, it's a wonderful opportunity to connect with the younger generation and enjoy an afternoon of live theater in an accessible and welcoming setting. It's a win-win—students gain invaluable performance experience, while the community is treated to a memorable cultural experience.

**Entry is free to all COA Seniors.** There will be a donation bucket at the entrance if people wish to make a cash donation to help with the Drama Company's expenses. For more info, please contact your COA.